

Discussion Questions

LifeGroups



Date: May 16-17, 2020

Sermon Title: Who Is God in the Chaos?

Sermon Text: Psalm 46

Bottom Line

It's one thing to be still. It's another to know that he is God. Today is a chance to ask yourself, how are doing in those two things? In the chaos that we've been thrown into these past two months, how are you doing at being still? How are you doing at knowing he is God? When we are still we can know that God is almighty, that God is with us, that God is our refuge and our fortress, and that God is fighting for us.

Scripture

Psalm 46

1 God is our refuge and strength, an ever-present help in trouble. 2 Therefore we will not fear, though the earth give way and the mountains fall into the heart of the sea, 3 though its waters roar and foam and the mountains quake with their surging.

4 There is a river whose streams make glad the city of God, the holy place where the Most High dwells. 5 God is within her, she will not fall; God will help her at break of day. 6 Nations are in uproar, kingdoms fall; he lifts his voice, the earth melts.

7 The Lord Almighty is with us; the God of Jacob is our fortress.

8 Come and see what the Lord has done, the desolations he has brought on the earth. 9 He makes wars cease to the ends of the earth. He breaks the bow and shatters the spear; he burns the shields with fire.

10 He says, "Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth."

11 The Lord Almighty is with us; the God of Jacob is our fortress.

Gratitude, Prayer and Accountability

What happened this past week that you are grateful for? What would you like to prayer for today? How did God work in your life since the last time we were together? What is He doing through you as it relates to your Adopt 7?

Let's Start

Pastor Brad mentioned that "being still" is something that is difficult for him. Within a week of quarantine, Brad found himself looking for projects to do around the house.

How have you dealt with this season of “being still?” Is it easy for you to be still or difficult? Why?

Let’s Talk

1. As a group, read Psalm 46 out loud, together. It's printed on the other side of this sheet. How did it feel to read this in unison?
2. Verse 10 is the most famous verse in this passage. It stands out among the rest because it is directly spoken by God. Pastor Brad spoke passionately this weekend about the relationship between being still **and** knowing that He is God. How does looking at these words in two parts add depth to your understanding of this verse?
3. One of Brad's points was that “stillness is how we know God in the chaos.” How has stillness helped you experience God in the chaos of life?
4. Look at verses 7 and 11 of Psalm 46. How do these verses teach us how we can know God as the almighty? What does it mean that the Lord is almighty?
5. Pastor Brad said that in stillness we can know that God is with us even though it might not feel that way. In an extended season of living socially distanced, how does it feel to know that God is with us? Look at verse 1. How can we experience the truth that God is “ever present?”
6. In stillness we know that God is our refuge and fortress. Pastor Brad pointed out that we need a refuge or fortress when we have something to fear, when we need to hide, or are in need of defense or security. How does God act as our refuge or fortress? What are some of the things that we try to substitute for God as our refuge or fortress?
7. In stillness we know that God is fighting for us. Brad pointed out that God is continually fighting for us. Read Mark 4:35-41. What does this passage teach us about Jesus' ability to calm the storms in our lives?

Let’s Act

Even the people in our lives who seem to have an unshakable faith can be shaken from time to time. This week, let’s pray for each other. Let’s pray that God would help us to lean into being still and knowing that He is God.

Notes:
