

LIFE GROUP

DISCUSSION QUESTIONS

God's Antidote to Hurt May 5, 2024

Summary

In this sermon, Pastor Adam Sidler reflects on Psalm 23:5-6, exploring God's antidote to hurt. He emphasizes how God invites us to His table — even in the presence of our enemies — to experience His protection, value and overflowing love.

Scripture

You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows. Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the LORD forever. Psalm 23:5-6 (NIV)

...you are precious and honored in my sight... Isaiah 43:4a (NIV)

We are hard pressed on every side, but not crushed; perplexed, but not in despair; persecuted, but not abandoned; struck down, but not destroyed. 2 Corinthians 4:8-9 (NIV)

Let's Start

If you were hosting a lavish dinner party, what would be your dream menu and theme for the evening?

Gratitude and Prayer

How has God worked in your life since we were together?

Let's Talk

1. How does Pastor Adam's personal story of the beach picnic relate to the experience of facing hurt in life?
2. Reflecting on Psalm 23:5-6, what images and metaphors stand out to you about God's response to hurt?
3. Pastor Adam mentions various "enemies" we may face, such as abandonment, harm, anger, disappointment and loss. Can you identify any of these enemies in your life or the lives of those around you? How do they impact our perception of God's love and protection?
4. How can we practically trust in God's protection and value amidst difficult circumstances?
5. Why is communion significant in remembering Jesus' sacrifice and accepting His invitation to experience God's love?

Let's Act

What practical steps can we take to extend God's hospitality, protection and love to others experiencing hurt and pain? How can we bring God's grace into our communities?

