

LIFE GROUP

DISCUSSION QUESTIONS

Do You Know Your Purpose? October 4, 2026

Summary

In Ephesians 1:22–23, Paul reminds us that Jesus is the Head of the Church and we are His body. Because Jesus has all authority, our purpose is to follow His direction and help others meet Jesus, proclaim Jesus and obey Jesus. We don't have to quit our jobs or do something dramatic to find our purpose; we can live it out right where God has placed us. Like Jason Brown, who left professional football to farm and provide food for families in need, we can use our lives to serve others and point them to Jesus. When we follow Jesus as our Head, our lives can have a purpose that is richer than we realize.

Scripture

Then Jesus came to them and said, "All authority in heaven and on earth has been given to me. Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age." Matthew 28:18-20 (NIV)

As he neared Damascus on his journey, suddenly a light from heaven flashed around him. He fell to the ground and heard a voice say to him, "Saul, Saul, why do you persecute me?" "Who are you, Lord?" Saul asked. "I am Jesus, whom you are persecuting," he replied. Acts 9:3-5 (NIV)

And God placed all things under his feet and appointed him to be head over everything for the church, which is his body, the fullness of him who fills everything in every way. Ephesians 1:22-23 (NIV)

Let's Start

If you could try any completely different career for one year—no training or money required—what would you choose?

Gratitude and Prayer

How has God been at work in your life since we last met?

Let's Talk

1. What stood out to you most from this message?
2. When you think about Jesus as the Head of the Church, what difference should that make in the way we live as His followers?
3. Kyle said, "You can't go to church; you are the Church." How does thinking of yourself as part of the body of Christ change the way you view your role in the Church?
4. Which of the three areas Kyle talked about—helping people meet Jesus, proclaiming Jesus or obeying Jesus—comes most naturally to you? Which one is more challenging?

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5. Who are some people God has already placed in your life whom you could pray for, serve or share with?
6. Kyle said that disciple-making isn't another item on our to-do list; it is how we do the things we already do. What could that look like in your life?
7. One of the marks of spiritual maturity is ***finding those who are missing***. Who might God be inviting you to notice, welcome or reach out to?
8. This was the final sermon in the "Richer Than You Realize" series. What truth from this series do you hope you remember six months from now?

Let's Act

Jason Brown discovered that his purpose was not ultimately about what he could get, but what he could give. Where might God be inviting you to use your time, abilities, relationships or resources to bless others this week?

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