

LIFE GROUP

DISCUSSION QUESTIONS

Comfort Looking Back, Confidence Moving Forward December 29, 2024

Summary

In this sermon based on Psalm 139, Pastor Heather reminds us that God knows us completely—our thoughts, actions and feelings—and He is always with us, no matter where we go. It celebrates that God made us uniquely and with a purpose, showing His care and love for us. Because of this, we can trust Him to guide our lives and lead us in the right direction. The message encourages us to reflect on God's presence, embrace His purpose for our lives, and seek His guidance as we start a new year with hope and faith.

Scripture: Psalm 139 (NIV)

You have searched me, LORD,
and you know me.
You know when I sit and when I rise;
you perceive my thoughts from afar.
You discern my going out and my lying down;
you are familiar with all my ways.
Before a word is on my tongue
you, LORD, know it completely.
You hem me in behind and before,
and you lay your hand upon me.
Such knowledge is too wonderful for me,
too lofty for me to attain.
Where can I go from your Spirit?
Where can I flee from your presence?
If I go up to the heavens, you are there;
if I make my bed in the depths, you are there.
If I rise on the wings of the dawn,
if I settle on the dark side of the sea,
even there your hand will guide me,
your right hand will hold me fast.
If I say, "Surely the darkness will hide me
and the light become night around me,"
even the darkness will not be dark to you;
the night will shine like the day,
for darkness is as light to you.
For you created my inmost being;
you knit me together in my mother's womb.
I praise you because I am fearfully and wonderfully made;
your works are wonderful,

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I know that full well.
My frame was not hidden from you
when I was made in the secret place,
when I was woven together in the depths of the earth.
Your eyes saw my unformed body;
all the days ordained for me were written in your book
before one of them came to be.
How precious to me are your thoughts, God!
How vast is the sum of them!
Were I to count them,
they would outnumber the grains of sand—
when I awake, I am still with you.
If only you, God, would slay the wicked!
Away from me, you who are bloodthirsty!
They speak of you with evil intent;
your adversaries misuse your name.
Do I not hate those who hate you, LORD,
and abhor those who are in rebellion against you?
I have nothing but hatred for them;
I count them my enemies.
Search me, God, and know my heart;
test me and know my anxious thoughts.
See if there is any offensive way in me,
and lead me in the way everlasting.

Let's Start

What are some things you have learned in the past year?

Gratitude and Prayer

How has God worked in your life since we were together?

Let's Talk

1. What does it mean to you that God made you in a unique and wonderful way?
2. What are some ways you can seek God's purpose for your life this year?
3. What steps can you take to stay close to God in the New Year?
4. How can Psalm 139 inspire you to trust God more deeply?
5. Pastor Heather gave these takeaways from Psalm 139:
 - God is familiar with all my ways.
 - God is continually with me.
 - God created me with purpose and on purpose.
 - God is continually leading me.

