

LIFE GROUP

DISCUSSION QUESTIONS

The Confusion February 15, 2026

Summary

In this sermon, Pastor Heather explores Habakkuk's confusion when God's response to his prayers doesn't make sense and shows how we can respond when we're stuck in the middle of a hard story. Habakkuk teaches us that faith and confusion can coexist, and that lament is a God-given way to bring our pain, questions and fears directly to Him. Even when evil, suffering and chaos feel overwhelming, God remains in control and invites us to trust His greater story. Jesus echoes this truth, reminding us that trouble is unavoidable, but peace is found in Him because He has overcome the world. Through lament, we learn to move from pain to hope by honestly naming our reality, holding it in tension with God's power and clinging to His promises.

Scripture

"Look at the nations and watch—
and be utterly amazed.

For I am going to do something in your days
that you would not believe,
even if you were told.

I am raising up the Babylonians,
that ruthless and impetuous people,
who sweep across the whole earth
to seize dwellings not their own.

They are a feared and dreaded people;
they are a law to themselves
and promote their own honor.

Their horses are swifter than leopards,
fiercer than wolves at dusk.

Their cavalry gallops headlong;
their horsemen come from afar.

They fly like an eagle swooping to devour;
they all come intent on violence.

Their hordes advance like a desert wind
and gather prisoners like sand.

They mock kings
and scoff at rulers.

They laugh at all fortified cities;
by building earthen ramps they capture them.

Then they sweep past like the wind and go on—
guilty people, whose own strength is their god." Habakkuk 1:5-11 (NIV)

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Jesus answered: “Watch out that no one deceives you. For many will come in my name, claiming, ‘I am the Messiah,’ and will deceive many. You will hear of wars and rumors of wars, but see to it that you are not alarmed. Such things must happen, but the end is still to come.” Matthew 24:4-6 (NIV)

“I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world.” John 16:33 (NIV)

Let’s Start

When life feels confusing or unfair, what is your usual first response—fix it, avoid it or bring it to God?

Gratitude and Prayer

How has God been at work in your life since we last met?

Let’s Talk

1. Where did you most relate to Habakkuk’s confusion or frustration in this sermon? What situations in your life currently feel like you’re “in the middle of the story”?
2. Pastor Heather stated that we have a choice: Either God is in control, or nothing is. How does that statement challenge or encourage you when facing suffering or uncertainty?
3. What stood out to you about the difference between faithful lament and unfaithful lament? How do you typically express your frustration or questions toward God, and how might learning to **worship God fully**, even in lament, reshape the way you bring those emotions to Him?
4. How does holding tension—between honest reality and hope in God—look in real life for you right now? Which side of that tension is harder for you to hold?
5. What would it look like this week to practice lament with hope—personally or with someone you trust?

Let’s Act

Set aside a few quiet minutes this week to pray a lament. Tell God what hurts, ask the questions you’ve been holding back, bring your request to Him and then intentionally place your trust in His care and control.
