

LIFE GROUP

DISCUSSION QUESTIONS

Do You Know You Are Rich? September 13, 2026

Summary

This week Kyle began the new series *Richer Than You Realize*. In Ephesians 1:1-14, Paul reminds us that we are richer than we realize because of what we have in Christ. God the Father has adopted us into His family, Jesus has redeemed and forgiven us and the Holy Spirit has sealed us and guarantees our future with God. These blessings are not based on what we have done or how well we have performed, but on God's grace and His choice to love us. Because of this, we don't have to search for our worth, identity, purpose, belonging or freedom from guilt; we already have these things in Christ. God has redeemed our past, given us purpose in the present and secured our future. We are challenged to recognize and live out the incredible spiritual riches we already possess in Jesus.

Scripture

"When Israel was a child, I loved him, and out of Egypt I called my son." Hosea 11:1 (NIV)

"Paul, an apostle of Christ Jesus by the will of God,
To God's holy people in Ephesus, the faithful in Christ Jesus:
Grace and peace to you from God our Father and the Lord Jesus Christ."

Praise for Spiritual Blessings in Christ

Praise be to the God and Father of our Lord Jesus Christ, who has blessed us in the heavenly realms with every spiritual blessing in Christ. For he chose us in him before the creation of the world to be holy and blameless in his sight. In love he predestined us for adoption to sonship through Jesus Christ, in accordance with his pleasure and will—to the praise of his glorious grace, which he has freely given us in the One he loves. In him we have redemption through his blood, the forgiveness of sins, in accordance with the riches of God's grace that he lavished on us. With all wisdom and understanding, he made known to us the mystery of his will according to his good pleasure, which he purposed in Christ, to be put into effect when the times reach their fulfillment—to bring unity to all things in heaven and on earth under Christ.

In him we were also chosen, having been predestined according to the plan of him who works out everything in conformity with the purpose of his will, in order that we, who were the first to put our hope in Christ, might be for the praise of his glory. And you also were included in Christ when you heard the message of truth, the gospel of your salvation. When you believed, you were marked in him with a seal, the promised Holy Spirit, who is a deposit guaranteeing our inheritance until the redemption of those who are God's possession—to the praise of his glory. Ephesians 1:1-14 (NIV)

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Let's Start

Have you ever discovered that you owned something valuable that you had completely forgotten about? What was it?

Gratitude and Prayer

How has God been at work in your life since we last met?

Let's Talk

1. What stood out to you most from the message or from Ephesians 1:1-14? Why?
2. Paul says that we have been given "every spiritual blessing in Christ." What do you think that means, and which of these blessings is especially meaningful to you?
3. God has adopted us into His family. How does thinking of yourself as a beloved child of God change the way you see yourself?
4. Kyle talked about how God has redeemed our past, given us purpose in the present and secured our future. Which of those three is easiest for you to believe? Which is hardest?
5. How can shame, guilt or past mistakes keep us from fully experiencing the freedom and forgiveness we have in Christ?
6. Kyle said, "God wanted you and still wants you." How might believing that truth affect the way you respond when you are struggling?
7. Where do you find yourself looking for identity, worth, purpose or belonging apart from Christ? What would it look like to recognize that you already have these things in Him?
8. The story of Hearst's artwork illustrated the idea that he already possessed something he was desperately searching for. What is one spiritual truth or blessing you may already have in Christ but have been overlooking or taking for granted? How might recognizing what you already have in Christ change the way you **find those missing** and help others discover the riches they can have in Him?

Let's Act

Share one of your "riches" in Christ with someone else this week. Tell someone how knowing that you are forgiven, loved, adopted, secure or purposeful in Christ has made a difference in your life.

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