

LIFE GROUP

DISCUSSION QUESTIONS

Do You Know Your Power? September 27, 2026

Summary

In this message, Kyle talks about the incredible power God has given us through Jesus. Paul prays that “the eyes of our hearts” will be opened so we can understand and recognize this power in our lives. God demonstrated His power by raising Jesus from the dead and placing Him above every authority. Through the Holy Spirit, God gives us power to overcome sin, resist evil and bring hope to others. This power isn’t meant to make us proud or self-reliant, but to help us depend on God, faithfully follow Jesus and make a difference in the lives of those around us.

Scripture

I pray that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you, the riches of his glorious inheritance in his holy people, and his incomparably great power for us who believe. That power is the same as the mighty strength he exerted when he raised Christ from the dead and seated him at his right hand in the heavenly realms, far above all rule and authority, power and dominion, and every name that is invoked, not only in the present age but also in the one to come. Ephesians 1:18-21 (NIV)

Let’s Start

What is the most powerful thing you’ve ever seen in person?

Gratitude and Prayer

How has God been at work in your life since we last met?

Let’s Talk

1. What stood out to you most from the message or from Ephesians 1:18-21? Why?
2. What does Paul mean when he prays that “the eyes of your heart may be enlightened”? Why do we sometimes have trouble recognizing what God has already given us?
3. Pastor Kyle said, “Power reveals.” What can the way we use our influence, abilities or resources reveal about us?
4. How does knowing that God has power over sin and death change the way you face your own struggles or fears?
5. Where in your life do you need to remember that through the Holy Spirit you don’t have to give in to sin?
6. Pastor Kyle compared our spiritual access to the keys he carried at Wooddale Edina. What are some ways we might have access to God’s power but fail to use it?
7. One of Wooddale’s marks of spiritual maturity is to **“follow Jesus completely.”** How might relying on God’s power help you follow Jesus more completely this week?

Let’s Act

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What's one thing you could do this week that might seem small and insignificant, but where the power of God might be displayed?

[illegible]

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