



Discussion Questions
Sermon title: "Beyond Busy"
Scripture: Luke 10:38-41
Date: July 19, 2015

Don't feel pressured to cover every single question, especially in the "Let's Dig" section.

Let's Talk

- General question: If you could switch job responsibilities with your boss, would you do it? Why or why not?

Let's Review

- Busyness has become a badge of honor and a cultural value. The truth is, we often feel one step behind, disorganized and overwhelmed. But "busy" just sounds better.
- Martha went to Jesus to fix her busyness problem. But, Jesus didn't give Martha more time in her life; He challenged her to get more life out of her time.
- Often what we are doing with our time isn't bad or wrong, but it can be distracting to us because we let the urgent things crowd out the important things.
- We are missing the one thing...daily time with God, through which He aligns our priorities and we gain clarity about what is most important and what is merely urgent.
- The true issue is when our soul becomes hurried and we try to control our world and we get out of our relationship with God.

Let's Dig

- Do you think busyness is seen as a cultural "badge of honor?" If so, why do you think our culture is that way?
- What does it mean for something to be urgent vs. important? Are there things that are both? Neither?
- Do you spend more time on urgent things, or important things? What are some of the urgent things that hinder you?
- How does time spent with God help you discern the important things in life?
- Read Exodus 20:8-11 and talk about how Sabbath relates to busyness and productivity.
 - a. Why should we follow God's example in resting on a regular basis?
 - b. What benefits might a day of rest have on a beyond busy schedule?
 - c. How might a day of rest impact one's priority in life?
- Read John 14:1-6 and talk about what it looks like to get more "life" out of time.
 - a. What does it mean to live?
 - b. How can Jesus say that he *is* the life?
 - c. What does life—as Jesus uses the word—have to do with work, busyness, and productivity?

Let's Act

- Discuss potential initial action steps to improve your daily time with God. Take it one small step at a time: find a rhythm, find a translation that works for you, and find one simple take-away.
