



Sermon title:
The Book of You: Animation
Scripture: Romans 8:15
Date: Sept. 26 & 27, 2015

Don't feel pressured to cover every single question.
Feel free to disagree with and discuss any statement on the "Let's Review" Section.

Let's Talk

- What is one goal you'd like to accomplish during your lifetime?

Let's Review

- Sermon Scriptures: [Psm 42:1-2; 63:1; 143:6] - [Isa 40:31] - [Hos 2:14] - [Mk 11:24] - [Jn 7:38] - [Rom 8:9-15] - [Eph 5:18] - [1 Pt 5:7]
- God has animated your life and made it possible for you to experience His truth in a dynamic way.
- As a Christ-follower, you are designed to live under the influence of the Holy Spirit.
- Three ways to experience the Holy Spirit: Wait on the Lord, Desire God, and Receive.

Let's Dig

- What have you heard about the Holy Spirit?
- What do you think the Holy Spirit's purpose in your life is?
- Have you felt the presence of God in your life? If so, in what way? If not, do you want to?
- Can you think of any people who you're sure are "intoxicated with the Holy Spirit?" What characteristics do you notice about their life?
- Read Matthew 11:25-30 and talk about waiting on the Lord through rest.
 - a. What does it mean to be yoked with Christ?
 - b. Why does being yoked with Christ—which implies working—offer rest? Wouldn't it be more restful for us to not be yoked at all?
 - c. How does someone become yoked with Jesus? Is it an event, or a process?
- Read John 12:20-26, Romans 6:8-11 and talk about receiving the Holy Spirit.
 - a. What happens to a seed if it is planted? Why did Jesus reference this?
 - b. How does the seed metaphor impact the meaning of Jesus' words in verse 26?
 - c. Why must we "die," or surrender before we can truly receive the Holy Spirit?
- Read Psalm 40:1-17 and talk about human limitations and the desire for God.
 - a. What power do we (as humans) have to consistently fulfill our own needs?
 - b. Read verse 12; Why does the author share this information?
 - c. Read verse 17; Is being "poor and needy" necessary for desiring God? Why or why not?
 - d. What does this passage illustrate about experiencing God's presence?

Let's Act

- A spiritual mentor is a great way to grow deeper with God's Holy Spirit. Ask about finding one through Wooddale's 1:1 Mentorship program: spiritual.mentoring@wooddale.org. If you have a mentor, tell someone in your life about how that has impacted your faith!



LIFEGROUPS

Notes:
