



LIFEGROUPS

Sermon title:
“The Book of you: Beginning and End”
Scripture: Psalm 23
Date: Sept. 5 & 6, 2015

Don't feel pressured to cover every single question. Feel free to disagree with and discuss any statement on the “Let's Review” Section.

Let's Talk

- What is your favorite way to relax?

Let's Review

- Sermon scriptures: [Gen 2:7] - [Pslm 23, 95] - [Isa 40:11] - [Jn 4:14, 8:1-59, 10:10] - [2 Cor 4:16, 5:17] - [Eph 2:1-10, 4:22-24] - [Phil 1:6] - [Col 3:10] - [Heb 12:2]
- We try to control the story of our own lives because we desperately want a life of meaning and significance. The result is discontentment.
- Lasting contentment means trusting God to write our stories.

Let's Dig

- Do you think most people are content or discontent with their lives? Why?
- How do other religions/belief systems seek contentment? (Buddhism, Atheism, etc.)
- What is the connection (if any) between purpose and contentment?
- Read Matthew 6:19-34 and talk about human needs and contentment.
 - a. Why does this passage speak against being mastered by money? What does that have to do with worry and contentment?
 - b. Should we ever make plans to secure our physical needs? Why or why not?
 - c. What does it mean to seek God's Kingdom and righteousness?
- Read Hebrews 2:14-15 and 2 Timothy 4:6-8 and talk about death in God's story for our life.
 - a. What role does physical death play in how God secures true life for us?
 - b. How are physical death and contentment related?
 - c. How should Christians respond to the reality of death?
- Read James 2:1-4, John 8:15-16, and 1 Samuel 6-7 and talk about judgement and writing our own story.
 - a. How is writing our own story & defining our own life related to judgement?
 - b. Do we have the power to write our own story? Why?
 - c. What happens to our view of others when we decide to define our own life?

Let's Act

- Read Psalm 23 out loud every morning this week and assess how it impacts your contentment level. Then spend some time journaling about how the Psalm influenced your level of life contentment.

