



**THIS AUGUST**

**FILLED**

**HOW TO  
ENCOUNTER  
AND EXPERIENCE  
THE TRUE  
POWER OF GOD**



# LIFEGROUPS

Series: Filled

Bible Focus: Ephesians 5:18-21

Date: August 27 & 28, 2016

—[ LET'S TALK ]—

- What things give you the greatest joy in life?

—[ CHOOSE 1 SIDE ]—

—[ LET'S WARM UP ]—

- What effect should the Holy Spirit have on our lives, relationships, and Church?
- What does it mean to be joyful? Is it emotion? A state of mind? Etc...

—[ LET'S WARM UP ]—

- What are some cultural stigmas regarding submissiveness to others?
- How competitive are you? Why? What are the pros and cons of competition?

—[ LET'S DIG ]—

- Read 2 Samuel 6:12-23, Luke 2:8-20, Hebrews 12:18-29, and discuss joy.
  1. Why is a Spirit filled life so joyful? How can we encourage this feeling within us?
  2. What is the connection between gratitude and joy?
  3. How might personality differences affect the expression of joy?
  4. Have you ever been so joyful that you couldn't contain it? Does Jesus inspire that kind of joy in you? Why or why not?

—[ LET'S DIG ]—

- Read Luke 22:24-30, Philippians 2:1-8, and discuss submission to others.
  1. Why were the disciples focused on debating who is the greatest? What is the danger of living that way?
  2. How are submission to others and unity related? Why is unity important?
  3. What is the difference between biblical submission and low self-respect?
  4. How does submission benefit ourselves and the world?

—[ LET'S ACT ]—

- Get a song in your heart! Each day as you surrender yourself to the Holy Spirit, and as you take in His word to live by, set a goal to find 7 reasons to praise God. Make those 7 reasons your prayer of praise, share them with others, pray them, look up songs that fit the particular praise, etc.
- Decide on one way you can put another person first—one way you can add value to another's life—this week!

—[ **SERMON REVIEW** ]—

- Scriptures referenced: [Lk 17:11-19] - [Acts 4:31] - [Rom 8:9] - [Eph 5:15-21] - [Phi 4:8-9] - [Col 3:11]
- There are three ways to think about what it means to be filled with the Holy Spirit:
  1. When we put our faith in Christ we receive all of God's presence in our life. We do not get degrees of God, we get all of Him. The question is, does He get all of us?
  2. As a believer in Christ Jesus His presence should increasingly saturate our lives through complete, everyday dependence on Him and reliance on His Word!
  3. On the journey of seeking complete surrender to Jesus, there will be moments when God's Spirit will inspire us with special effusions or outpourings of His Spirit.
- Paul says that one sign of being filled with the Holy Spirit is that you will have a song in your heart! Spirit filled people don't spectate, they participate.
- When we become followers of Jesus, we drink in the Spirit, and it should unleash sociability, happiness, and joy. We should become known as joyful and creative people with a song ready in our hearts, who love being together.
- We were never meant to sing praises or worship God by ourselves. It is meant to be a community experience. We need each other to inspire each other when we worship!
- Being truly filled with God's Spirit is to have a continual sense of praise in our hearts. Likewise, a life under the influence of the Spirit is always thankful.
- Like the Samaritan leper, we should thank Jesus for what He has done. It is because Jesus loves and values us that He heals our souls, not because we are good enough or deserve it.
- We live in a world that tells us that our worth and value is based on what we do. It is hard to be a thankful person when you think that you have earned your status in life, after all you earned it!
- One more mark that shows a person is filled with God's Spirit: The willingness to give up your rights! When we allow the Holy Spirit to fill our lives He affects our relationships by creating a mutual sense of submission to one another.

—[ **NOTES** ]—

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