



# LIFEGROUPS

December 30/31, 2017

Choose Your Focus:

God or Worry

Scripture: Matthew Chapters 5-7

Focus: Matthew 6:25-34

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## —[ LET'S START ]—

- Share your plans for celebrating and looking forward into the New Year.

## —[ LET'S TALK ]—

1. What makes you worry? Pastor Heather surveyed people about their two most common worries. How do you resonate with the list or worries from the message?
2. Read Matthew 6:25-34. Who were the original hearers to whom Jesus was speaking? What type of worries was He addressing to His listeners? How does His message fit into today's culture and/or to your worries?
3. Discuss your thoughts between the two terms Heather brought out in the message: Concern versus Worry. Do you agree or disagree (and why)?
4. What type of visual images come to your mind as you listen to Heather's message and read this passage? How hard is it for you to fully trust Jesus when it comes to worry?

## —[ LET'S ACT ]—

Read Matthew 6:33-34. If our primary focus should be on the eternal, not the temporary; on the unseen, not necessarily the seen; and on His kingdom and His righteousness, how do you practically do that?

—[ SERMON REVIEW ]—

- Bible Passages: Matthew 6:25-34; Lamentations 3:22-24; Isaiah 55:8-9; Psalms 139:1-6; Galatians 5:16-17
- Keep your focus in check
- Determine the root cause of your worry
- Resist and replace worry
- “Worries” may deserve some of our attention, but they do not deserve our focus. God deserves our focus and our trust.

—[ NOTES ]—

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