



LIFEGROUPS

Series: *Won't You Be My Neighbor*
Message: *Time Barriers*

Scripture: Luke 10:38-42

Date: November 17 & 18, 2018

—[LET'S START]—

Last week we were challenged to view this block map as an extension of our Adopt 7 program and write down the names of our closest neighbors. We were asked to pray for opportunities to get to know them, serve them and share our testimony with them. How has God been answering those prayers of yours? What has made it difficult?



—[LET'S TALK]—

1. Have the person with the birthday closest to today read Luke 10:38-42. Pastor Dale referred to Martha suffering from "Hurry Sickness." Where do you see this in your life and in those around you? What practical steps are you able to take to refocus and take the emphasis off of results and activity and instead center on your relationship with God?
2. Our culture has sold us on several lies that keep people focused on performing and accomplishing more and more. What are some of those lies that you have noticed? What keeps people from not seeing that they are lies?
3. Read Matthew 11:28-30. For many people the world is an exhausting rush of one thing after the next. What steps would be wise to take if we want to experience this rest that Jesus offers?
4. When it comes down to knowing and doing the best, it is a matter of priorities. It is putting God first, then family and friends, followed by our neighbors. Practically, what does that look like?

—[LET'S ACT]—

There are many wonderful things in life, but when they crowd out Jesus as our one main focus, then everything gets out of balance. What would it take to dedicate 5 minutes (or 5 minutes more) to a daily time of prayer and Bible reading?

—[SERMON REVIEW]—

- Luke 10:38-42. This is the account of Martha being extremely busy as the hostess while her sister Mary is sitting at the feet of Jesus and not helping Martha with the meal preparations.
- Like many people, Martha was suffering from “Hurry Sickness” – running from one task to the next. Love always takes time, and time is the one thing hurried people don’t have.
- Three lies culture tells us:
 - Things will settle down someday.
 - I just need more things, do more and be more, and then I will have time.
 - It can’t be helped – everybody lives this way.
- Jesus offers us rest. We must focus on Jesus. Stop worrying about what others think and reclaim Jesus’ priorities and make time for them in our life.
- We are to put God first, family and friends next, and then build relationships with our neighbors.

—[NOTES]—
