

FOLLOW THE PATH OF THANKFULNESS

MEMORY VERSE

Psalms 106:1 - "Give thanks to the LORD, for he is good; his love endures forever."

FAMILY ACTIVITY: TABLE FULL OF THANKS

When was the first "Thanksgiving"?

- a.) 1621 – when the Mayflower sat down for a three-day meal with the Wampanoag tribe.
- b.) 1863 - When President Abraham Lincoln encouraged Americans to recognize the last Thursday of November as "a day of Thanksgiving".
- c.) 7th Century BC –When peace offerings were presented to the Lord as an expression of thanksgiving which included meat and cake! (Leviticus 7:12)

The answer is that we don't know exactly; but we know that taking moments to express thanksgiving to God have been a part of our history as a faith for over 2,600 years!

One of our favorite ways to share in thanksgiving is to have a celebration meal together, usually around a table! Understandably so. Some of your very best moments and deepest relationships in life happen around the table.

Our assignment for your family this month, is to have a meaningful time of connection around the dinner table. It can be during your Thanksgiving meal, or it could be some other time during the week, but make it intentional!

Option 1: Play the "Thankfulness Game".

Take turns rolling a die. Answer the following question based on the number you rolled.

- 1 Name a person you are thankful for and why.
- 2 Name something you are thankful for and why.
- 3 Name a memory you are thankful for and why.
- 4 Name a place you are thankful for and why.
- 5 Name a skill you are thankful for and why.
- 6 Name a food you are thankful for and why.

Option 2: Play "I'm thankful for you because..."

Take turns going around sharing why you are thankful for each person at the table. You can simply share verbally, or you can make the sharing memorable by creating personalized cards for each person, and passing the cards around writing each writing gratitude until the card is full.

PRAY

Pray as a family. Write a family prayer based on the things you identified while sharing at the table today. Thank God for all he has given you. Pray together.

CELEBRATE

You did it! Take a picture to celebrate and email it to jess.bolet@wooddale.org then check off November 23 in the back of your child's workbook. We will give out Woods Bucks at our next gathering on December 7.