

# follow ME

JESUS' INVITATION  
TO A TRANSFORMED LIFE

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JOURNAL



Welcome to our journey through the sermon series *Follow Me: Jesus' Invitation to a Transformed Life*. Together, we'll learn to embrace this invitation, guided by the footsteps of Jesus, as revealed in Mark's Gospel. As you experience this series, we pray you'll open your heart to Jesus' call and not only allow His teachings to guide you toward a life of purpose, joy and unwavering faith, but also a meaningful relationship with Him.

This journal is your personal space to record your thoughts as you read and reflect on Scripture verses and messages throughout the series. There are entry pages for each sermon, so you can easily take notes during the service. Near the back are pages for you to use as a prayer journal. We encourage you to write down your prayers and praises over the next few months and then look back later to see how God answered.

We're excited to join you on this journey as we delve into Mark's Gospel and learn how God will work in our lives when we are willing to say "Yes" to Jesus' invitation to follow Him.



*Season 1*

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**THE PATH TO A FRESH START**

*In this season, God please...*

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Write down how you would like to see God transform your life in the next 30 days.























## Season 2

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### THE PATH TO UNDERSTANDING

*In this season, God please...*

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Write down how you would like to see God transform your life in the next 30 days.























## Season 3

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### THE PATH TO REDEMPTION

*In this season, God please...*

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Write down how you would like to see God transform your life in the next 30 days.

























## Season 4

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### THE PATH TO RESTORATION

*In this season, God please...*

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Write down how you would like to see God transform your life in the next few weeks.













## Prayer

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### JOURNAL

On the following pages, we encourage you to write down your prayers and praises over the next few months and then look back later to see how God answered.

**P** **Praise/thanks.** “Give thanks to the Lord, for He is good!” Take time to honor His holiness. Thank Him for what He is doing in your life.

**R** **Repent.** If we confess our sins to Him, He will forgive us! Is there something that is keeping you from closeness with God? Repent: confess this, then turn away.

**A** **Ask.** God loves us so much and He wants to hear our requests. What is on your heart?

**Y** **Yield.** We find rest in God when we abide in Him. He listens to our prayers, and He wants us to hear from Him now. Remain in His word. Abide in Him, and you will start to hear Him.













*To honor God by making more disciples for Jesus Christ.*

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